



# Mama's Taco Box

 10 servings  35 minutes

## Ingredients

---

1 pound ground beef  
2 cups white rice  
4 cups water  
1 Tbsp taco seasoning or cumin  
½ cup shredded cheese  
1 bag Fritos to top casserole  
Can of your choice of beans  
Can of corn  
Can of green chilies  
Can of sliced olives  
1/2 cup onions chopped  
1/2 cup green peppers chopped  
Top with:  
Sour cream, Salsa, Cilantro

## Method

---

1. Brown beef and set aside
2. Cook white rice in boiling water 15-20 minutes until rice is fluffy. Do not stir or it will be gummy
3. Add beef and taco seasoning to rice, remove from heat
4. Stir in vegetables and cheese
5. Top with Fritos, sour cream, salsa, cilantro

---

This is easy and quick. It is a great camping recipe.