



# Fiesta Casserole

 8 servings  45 minutes

## Ingredients

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4 cups cooked rice  
1 tsp cumin  
(sprinkled on or cooked  
in rice)  
2 cups cooked (1 can)  
pinto or black beans  
1/4 cup salsa  
1 can kernel corn  
1 box jiffy cornbread mix  
(1 egg, 1/3 cup milk for  
cornbread mix)  
3/4 cup shredded cheese

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Inexpensive and still covers the basis for protein, veggies and dairy. Feel free to add ground hamburger or shredded chicken for a heartier meal.

## Directions

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1. Spray 9 x 13 casserole dish with oil.
2. Layer ingredients in order listed
3. Bake 350 for 25 to 30 minutes
4. Can serve with salsa, sour cream and fresh cilantro